

SAFETY MEETING

Company Name: Superior Waterproofing Job Name or #: _____ Date: _____

1/31/2020

OSHA QUICK CARD™

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Protect Yourself

Carbon Monoxide Poisoning

Carbon monoxide (CO) is a colorless, odorless, toxic gas which interferes with the oxygen-carrying capacity of blood. CO is non-irritating and can overcome persons without warning. Many people die within minutes from CO poisoning, usually while using gasoline powered tools and generators in buildings or semi-enclosed spaces without adequate ventilation.

Effects of Carbon Monoxide Poisoning

- Severe carbon monoxide poisoning causes neurological damage, illness, coma and death.

Symptoms of CO exposure

- Headaches, dizziness and drowsiness.
- Nausea, vomiting, tightness across the chest.

Some Sources of Exposure

- Portable generators/generators in buildings.
- Concrete cutting saws, compressors.
- Power trowels, floor buffers, space heaters.
- Welding, gasoline powered pumps.

Preventing CO Exposure

- Never use a generator indoors or in enclosed or partially enclosed spaces such as garages, crawl spaces, and basements. Opening windows and doors in an enclosed space may prevent CO buildup.
- Make sure the generator has 3-4 feet of clear space on all sides and above it to ensure adequate ventilation.
- Do not use a generator outdoors if placed near doors, windows or vents which could allow CO to enter and build up in occupied spaces.
- When using space heaters and stoves ensure that they are in good working order to reduce CO buildup, and never use in enclosed spaces or indoors.
- Consider using tools powered by electricity or compressed air, if available.
- If you experience symptoms of CO poisoning get to fresh air right away and seek immediate medical attention.

OSHA 3282-10N-05 U.S. Department of Labor www.osha.gov (800) 321-OSHA

For more complete information: Occupational Safety and Health Administration

QUESTIONS:

1. If working indoors, where is the best place to put a gas generator? _____
2. How many feet of clear space are needed to ensure adequate ventilation when using a generator? _____
3. If you find a co-worker unconscious lying close to a generator what should you do? a) Call 911, b) move individual to an open well-ventilated area, c) get everyone else out of the area.

WHAT UNSAFE OPERATIONS DID YOU FIND ON YOUR JOBSITE THIS

WEEK? _____

What Corrective action was taken? _____

Meeting Attended By _____

Supervisor's Signature _____