



FIVE FOR SAFETY

Hard Hats Part II

3/17/17

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A jobsite safety education program for use by Contractor Members of the Mason Contractors Association of St. Louis

Purpose

Insure employees understand the requirement and necessity of wearing a hard hat on the job site.

Discussion Points

1. The average safety hard hat weighs about 14 ounces. The average man's head weighs 14 pounds so there's an ounce of safety for every pound of head – provided the head protection is properly worn and maintained.
 - a. Not only reduces the chances of serious injury from falling objects but protect you when you bump your head on things, like machinery, ductwork, ceiling tie wires and forms.
 - b. Non-conductive hard hats protect you from electrical shock and burns.
2. Properly adjust the suspension systems to maintain clearance between your head and the shell of the hat.
3. Don't cut holes for ventilation. Don't heat and bend.
4. Don't substitute a "bump cap". They aren't strong enough.
5. Don't paint your hard hat.
6. Don't put anything under it except your head. This includes cigarettes or notebooks.
7. Don't wear it backwards.
8. Use a chin strap in high winds. (Yes we have these in stock)
9. Common complaints and the real truths about hard hats
 - a. It's too heavy – hard hats are only a few ounces heavier than a cloth cap but the extra protection is worth the extra weight.
 - b. It's too hot – Measurements taken in hot weather show that the temperature under a hard hat is often cooler than it is outside.
 - c. It gives me a headache – There is no medical reason why a properly adjusted hat should cause a headache.
 - d. It won't stay on – If fitted properly, a hard hat stays put no matter how much stooping or bending you have to do. Use the chin strap in a high wind.
 - e. It's noisy – Tests show that properly worn hard hats will shield your ears from noise to some extent.

IMPORTANT!!!! Hard hats, safety glasses & gloves are to be worn at all times on jobsites in construction areas. Other PPE as required. Management personnel are going to start issuing violations immediately. This is for your safety and required by OSHA and/or our General Contractor's and Owners. We need everyone working safely 24/7.

Meeting Attended By _____

Supervisor's Signature _____